

# Rutherford 4

## Clinical Case

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## A Fontaine III, Rutherford 4 patient

- 63-year-old male
- Type 2 DM (20 yrs)
- Obesity
- CAD (previous AMI, previous CABG x 4)
- LVEF 0.37
- Creatinine 1.7 mg/dL
- Presentation
  - right foot pain at rest
  - absence of pulses
  - TcPO<sub>2</sub> 22 mmHg





# Clinical features of neuroischemic diabetic foot

## SKIN

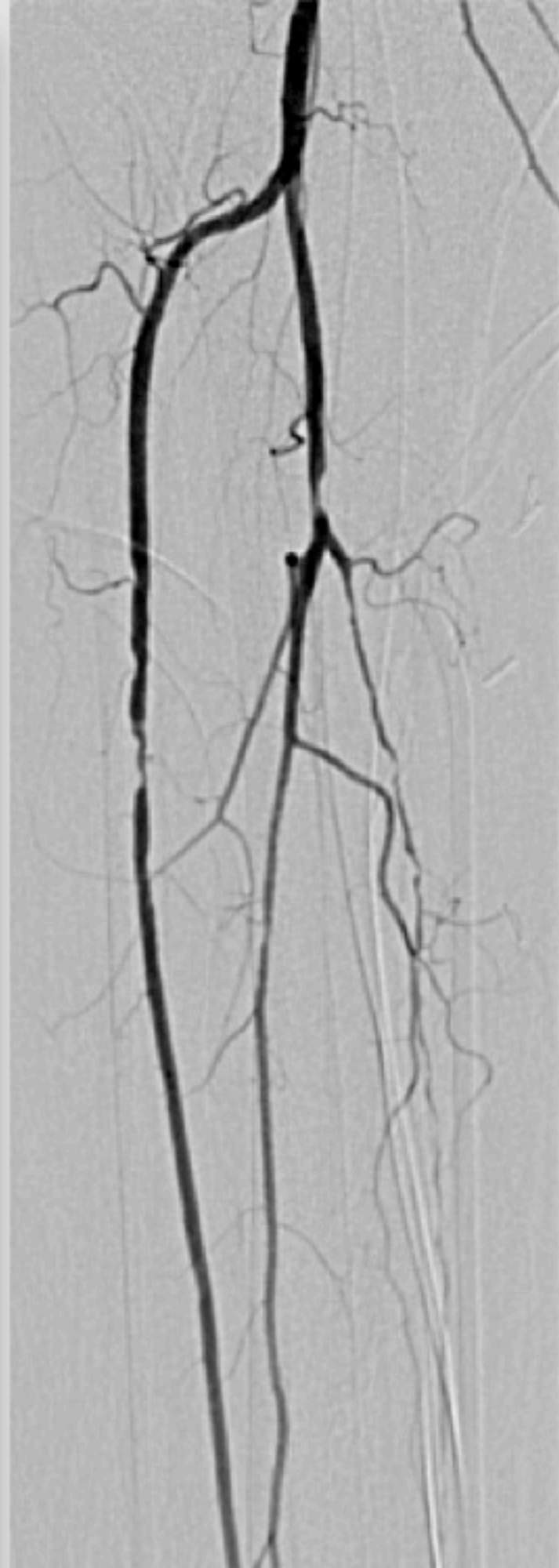
- Atrophic
- Cool
- Pale or cyanotic
- Erythrosis
- Fissures





# Angiographic study

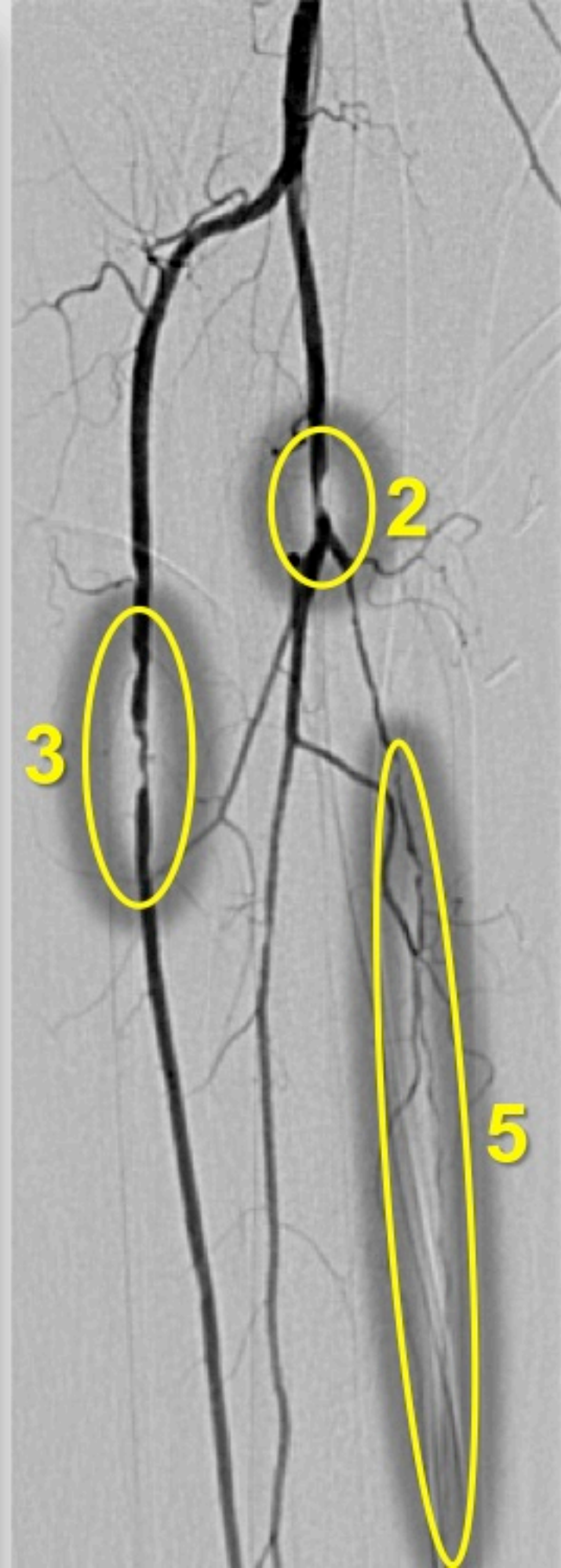














**Is this focal lesion critical?**

**Does it play a role in the pathophysiology of CLI in this patient?**





## Clinical Endpoints in Peripheral Endovascular Revascularization Trials: a Case for Standardized Definitions

N. Diehm<sup>a,\*</sup>, P.M. Pattynama<sup>b</sup>, M.R. Jaff<sup>c</sup>, A. Cremonesi<sup>d</sup>,  
G.J. Becker<sup>e</sup>, L.N. Hopkins<sup>f</sup>, F. Mahler<sup>a</sup>, A. Talen<sup>g</sup>, J.F. Cardella<sup>h</sup>,  
S. Ramee<sup>i</sup>, M. van Sambeek<sup>j</sup>, F. Vermassen<sup>k</sup>, G. Biamino<sup>d</sup>

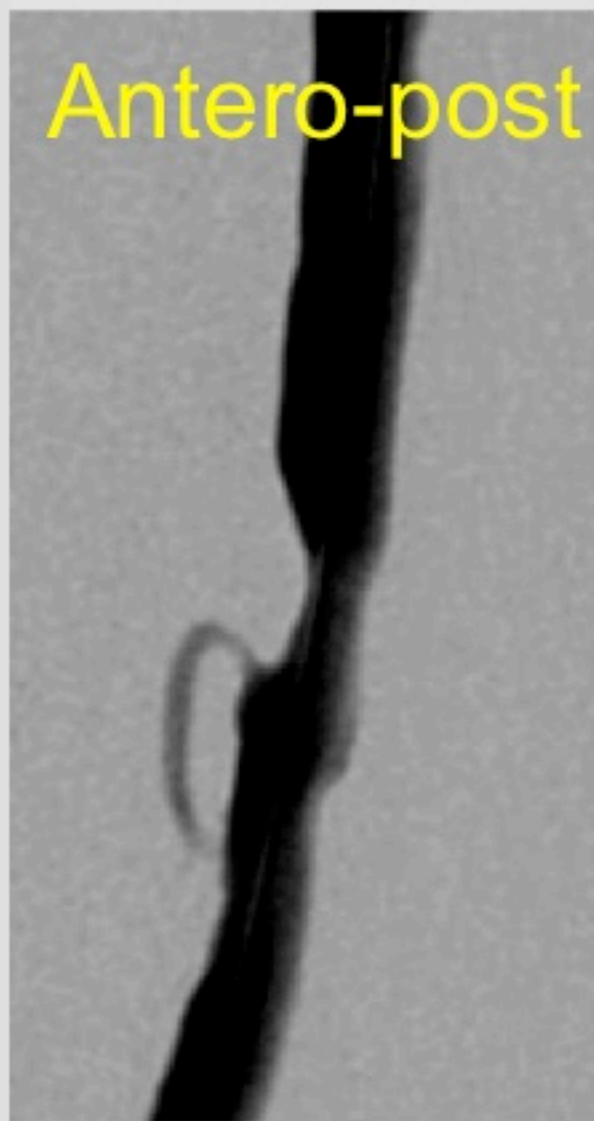
The DEFINE Group is a collaborative effort of an ad-hoc multidisciplinary team from various specialties involved in PAD therapy in Europe and the USA

### Hemodynamic significance of a lesion:

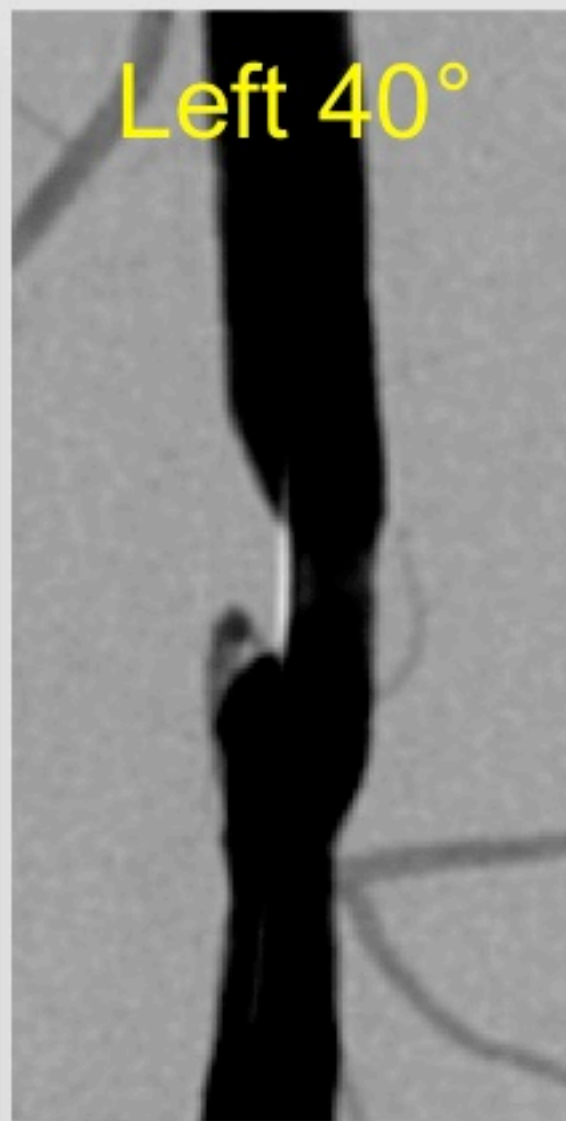
**“Intra-arterial digital subtraction angiography indicating 50% diameter stenosis by visual estimation or by quantitative vessel analysis software assessing at least two different angiographic projections.”**



Antero-post



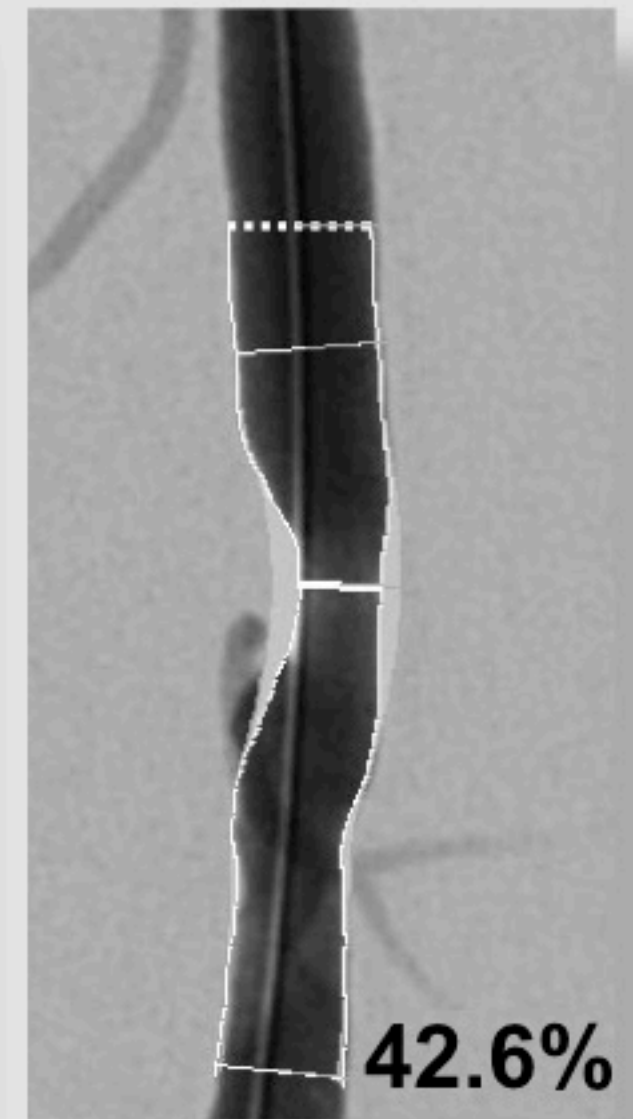
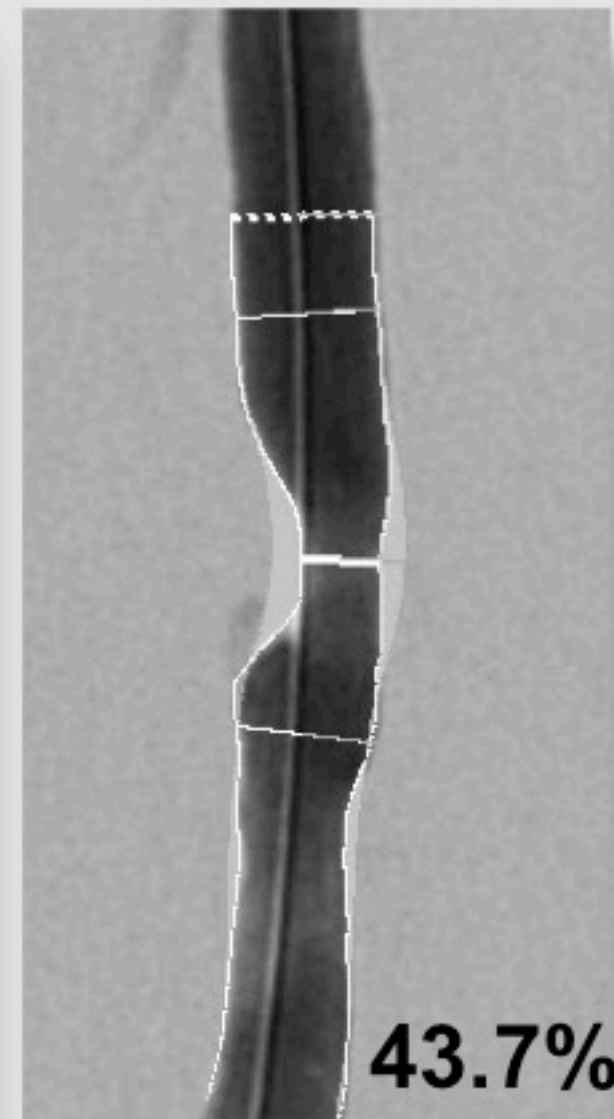
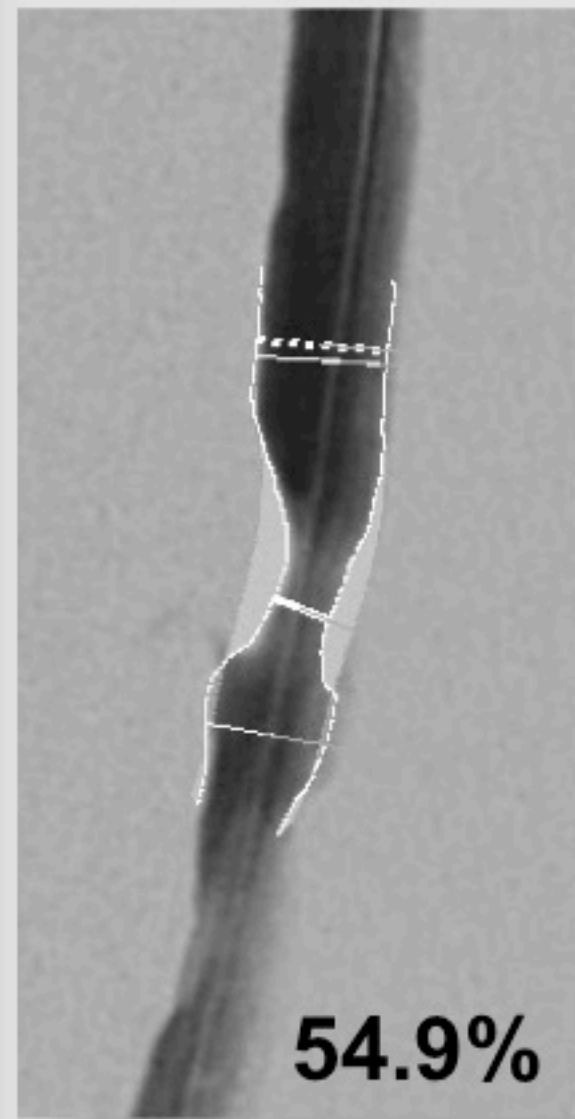
Left 40°



Right 40°







**Hemodynamic significance of a lesion:**

**“Intra-arterial digital subtraction angiography indicating 50% diameter stenosis by visual estimation or by quantitative vessel analysis software assessing at least two different angiographic projections.”**



**Is this focal lesion critical?**

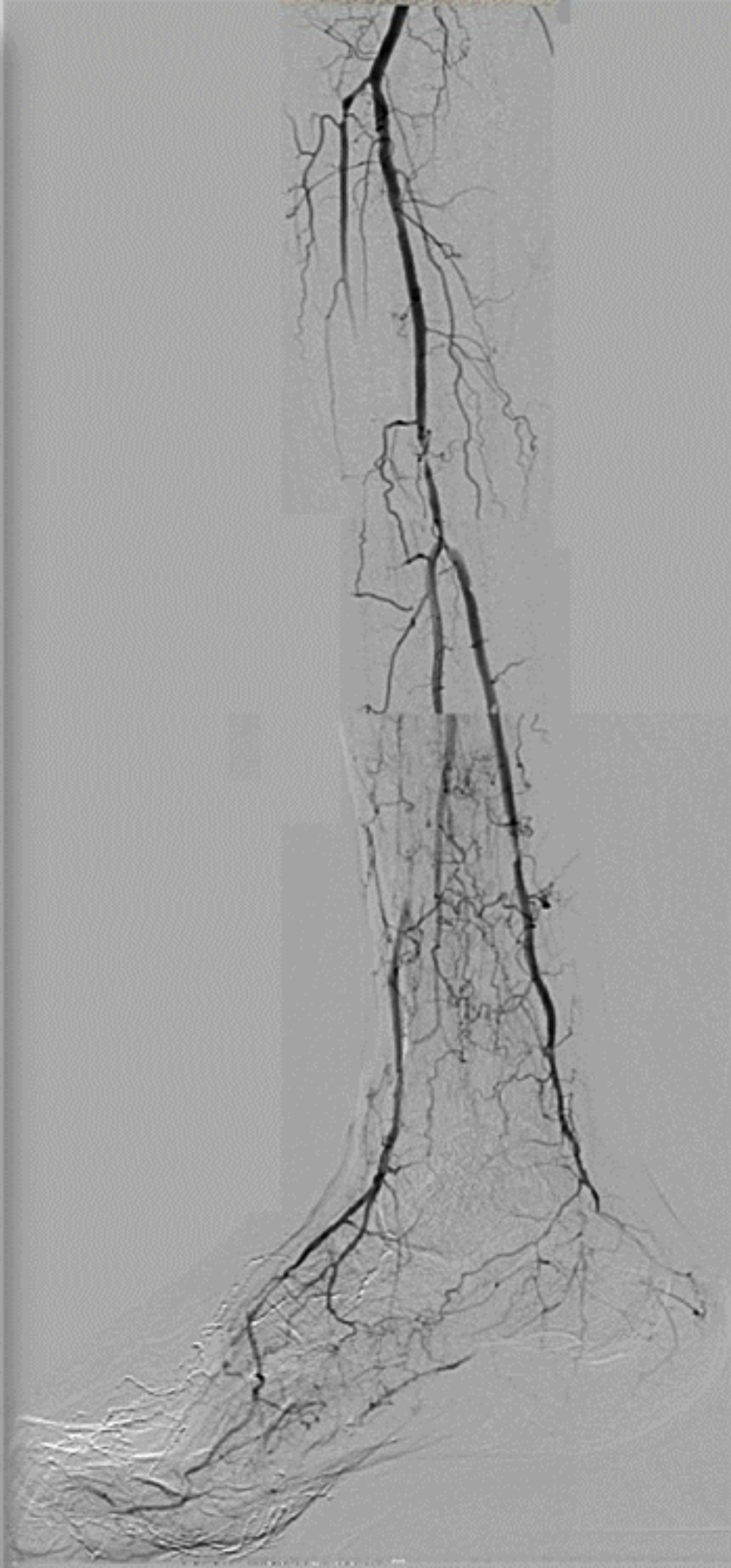
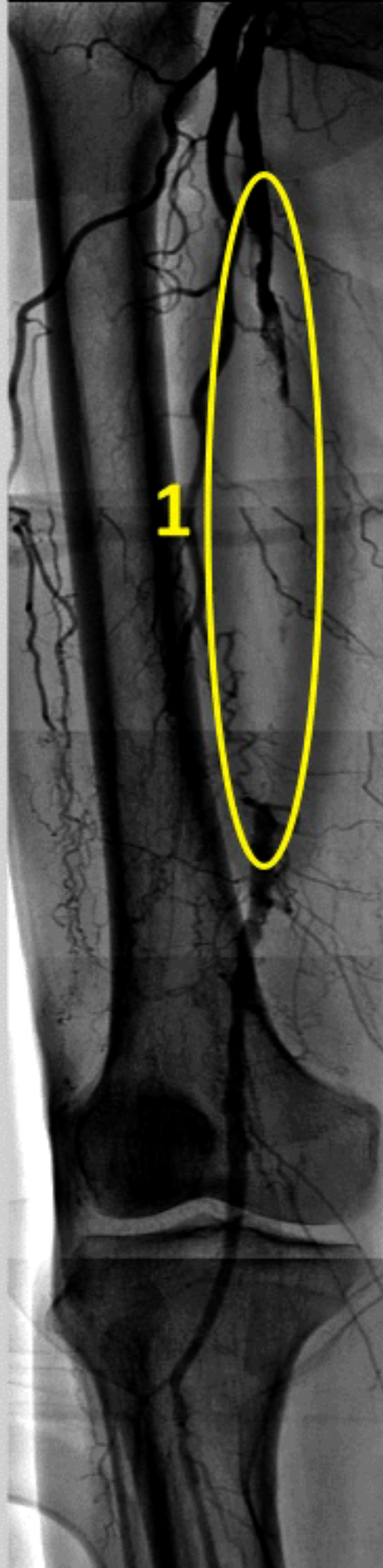
**Does it play a role in the pathophysiology of CLI in this patient?**



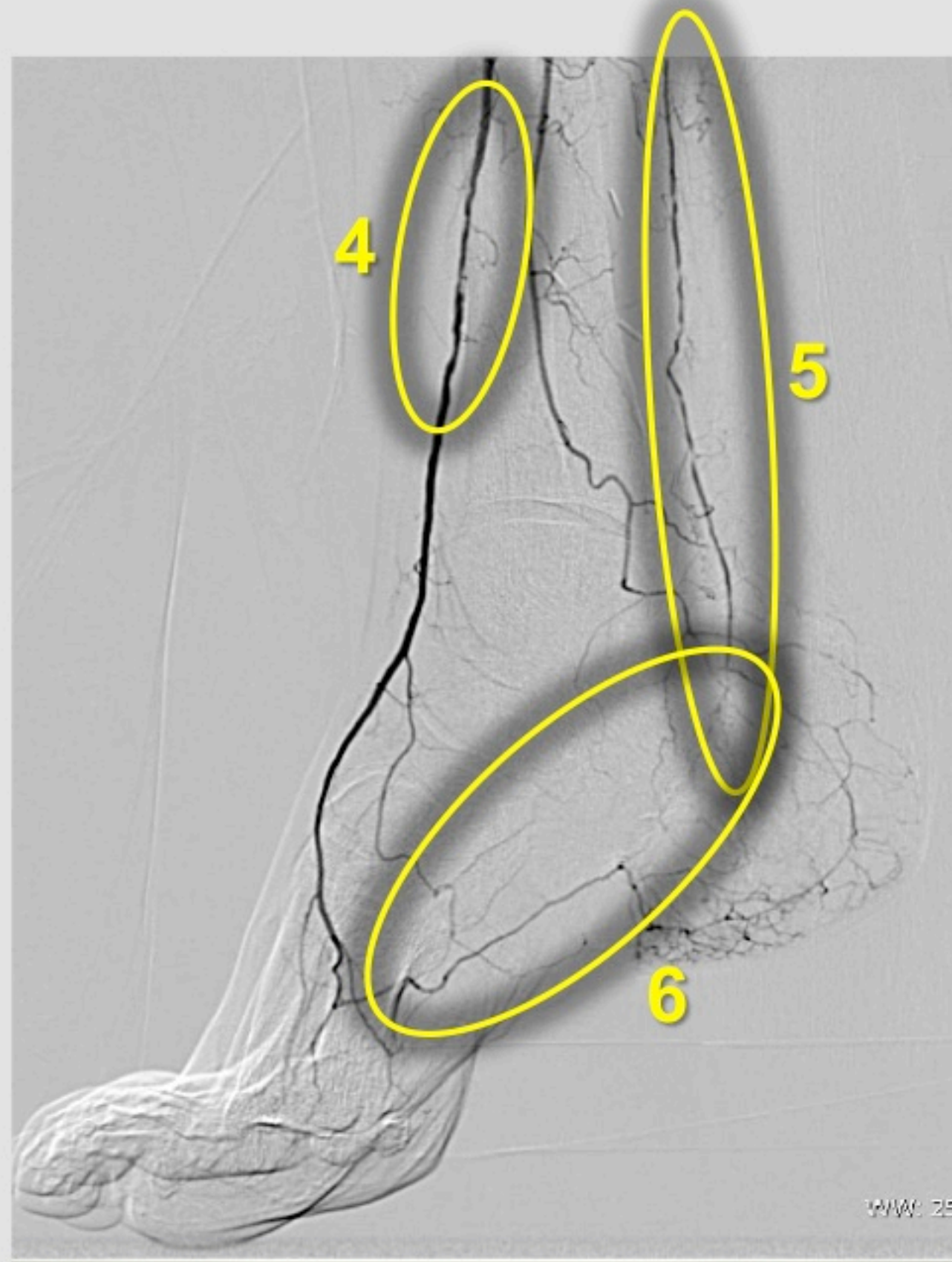
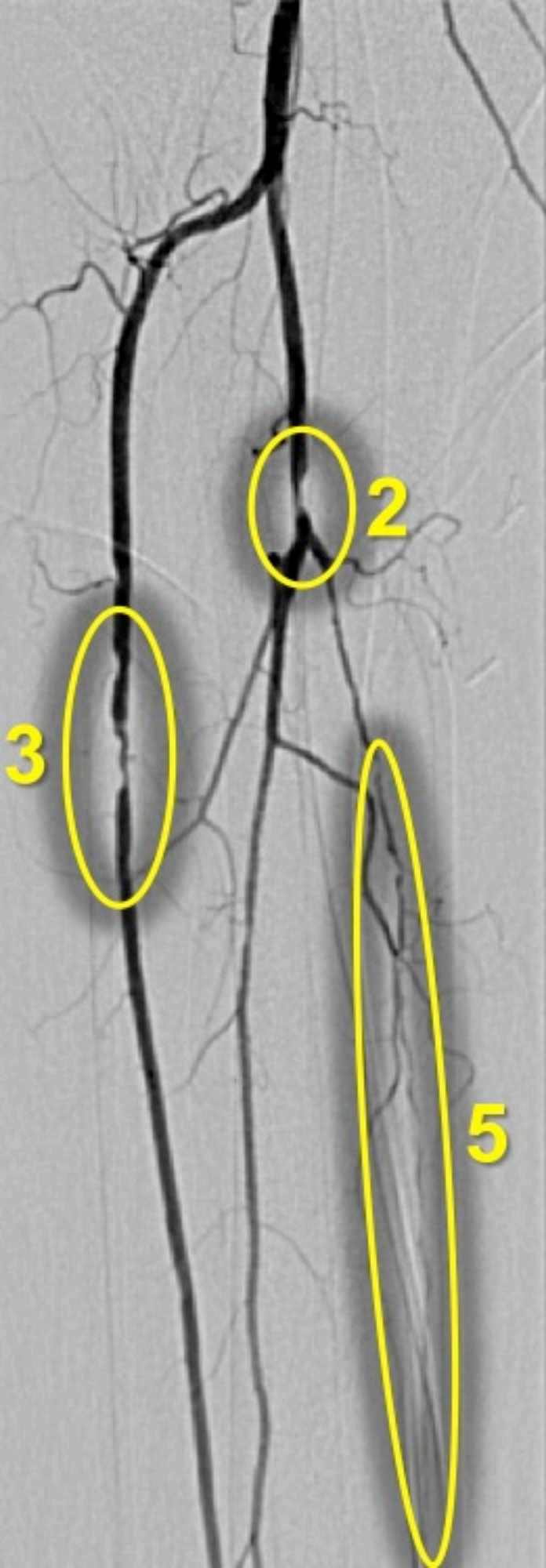
**This is not a hemodynamically significant lesion.**

**This lesion has no role in the pathophysiology of CLI in this patient**



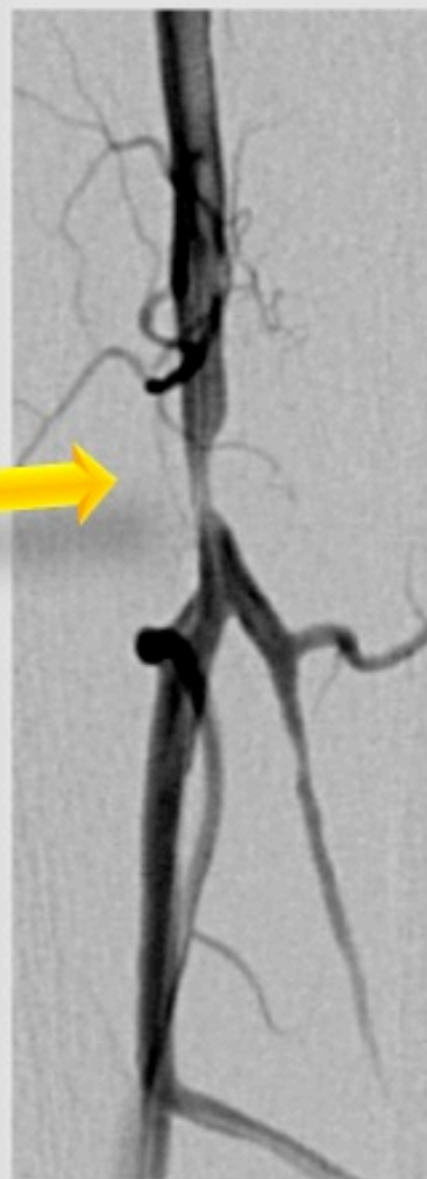
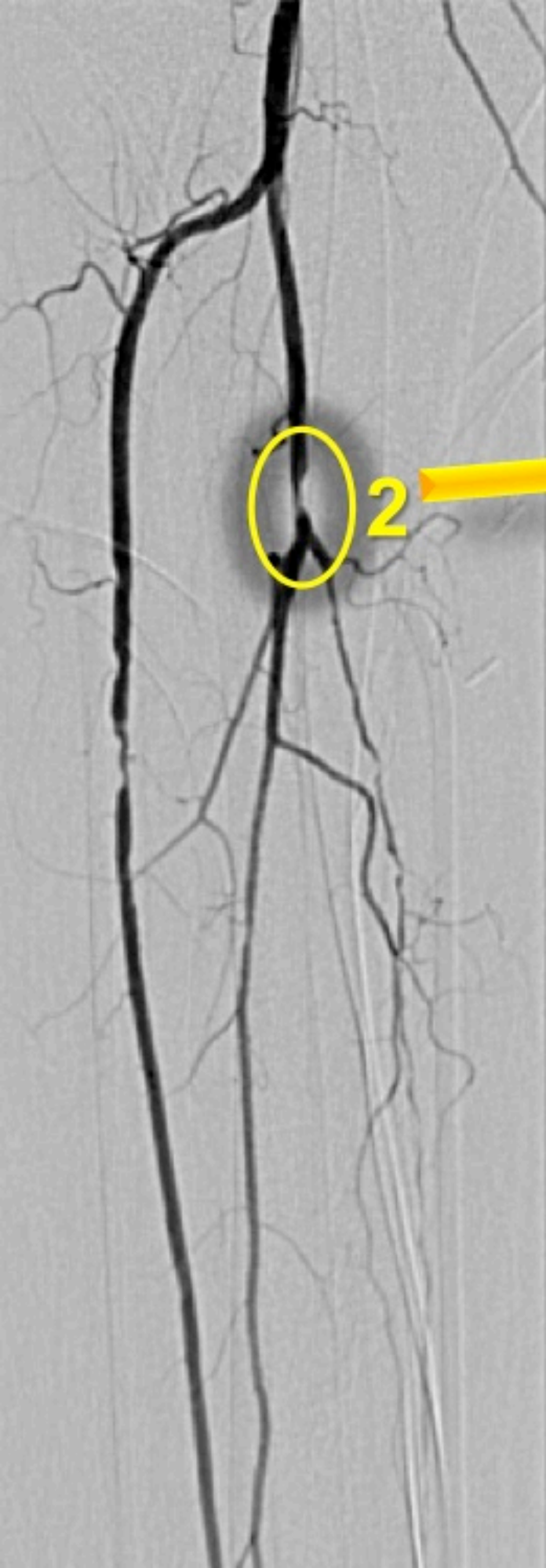








Treatment



**basal**



**after  
DEB**

3.5 x 20 mm



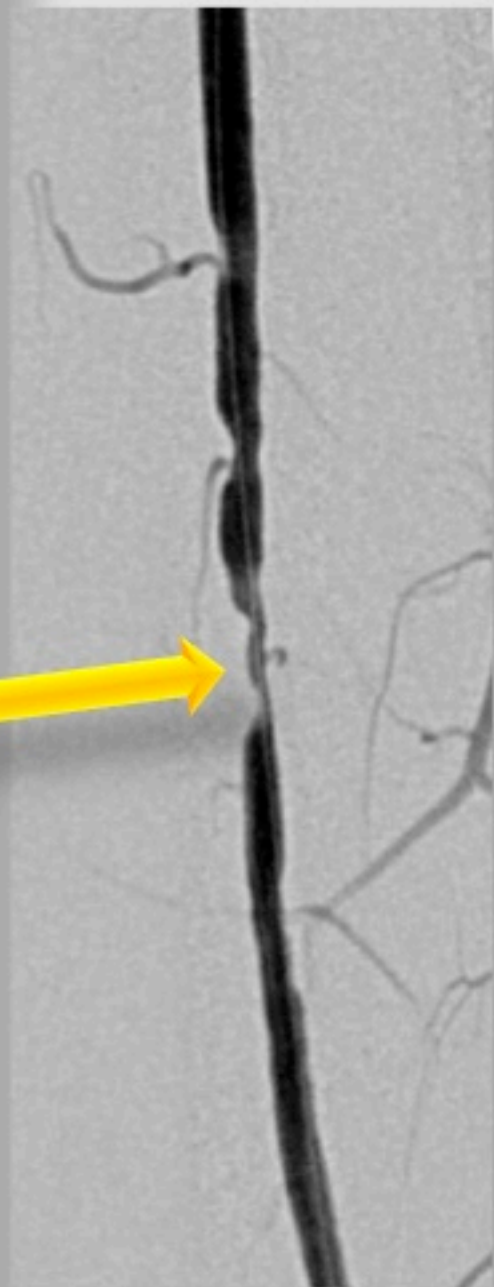
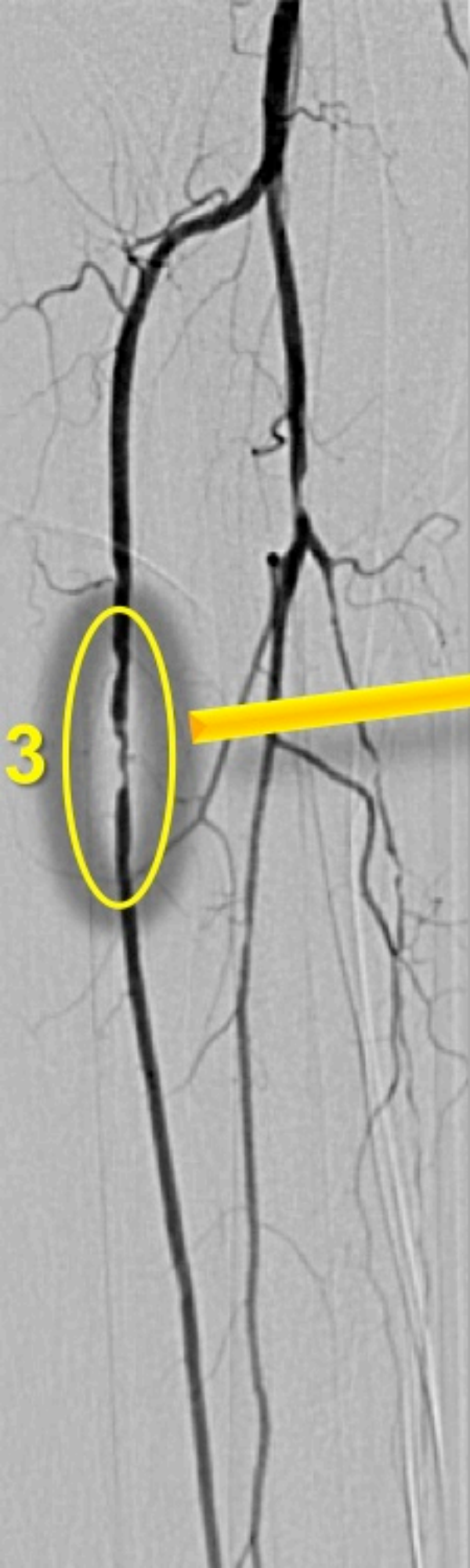
**after  
BMS**

3.5 x 18 mm

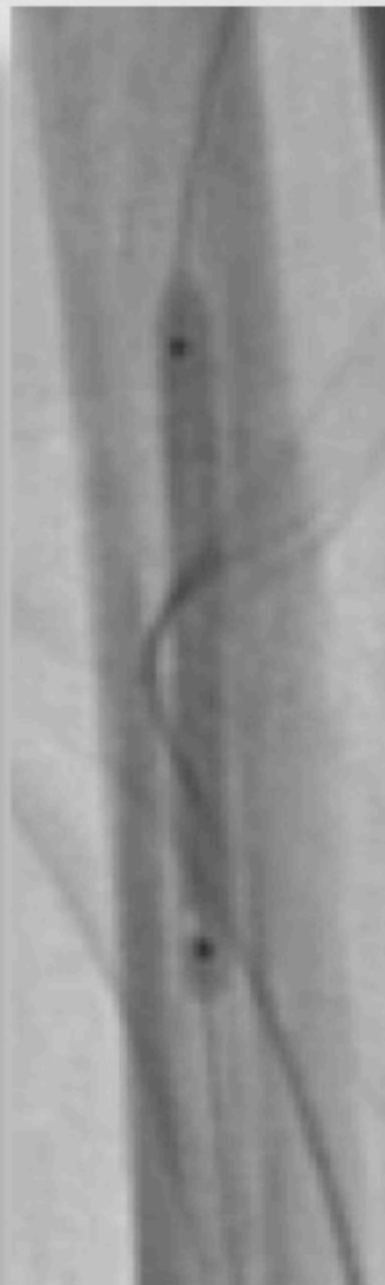


**final  
result**





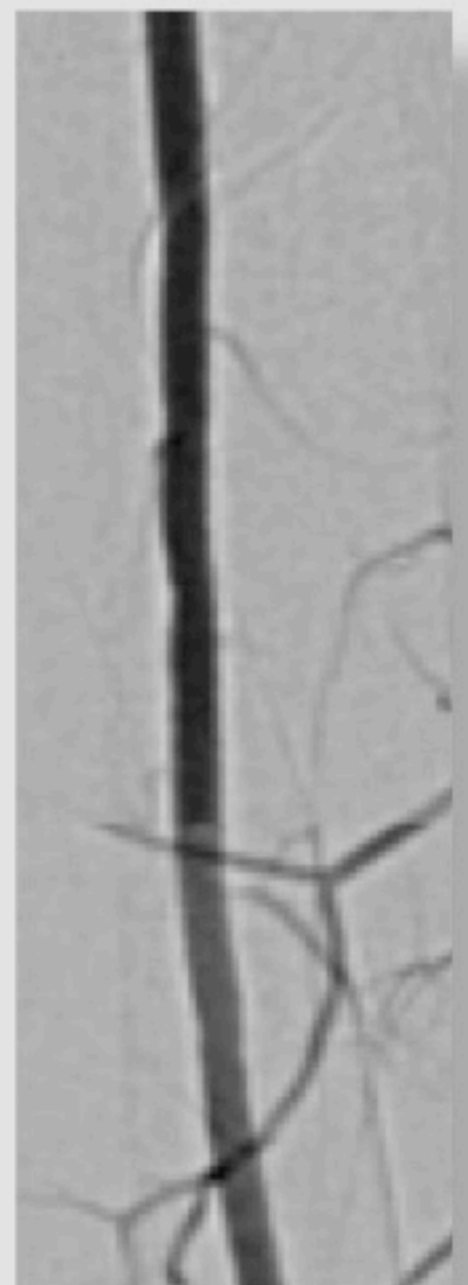
**basal**



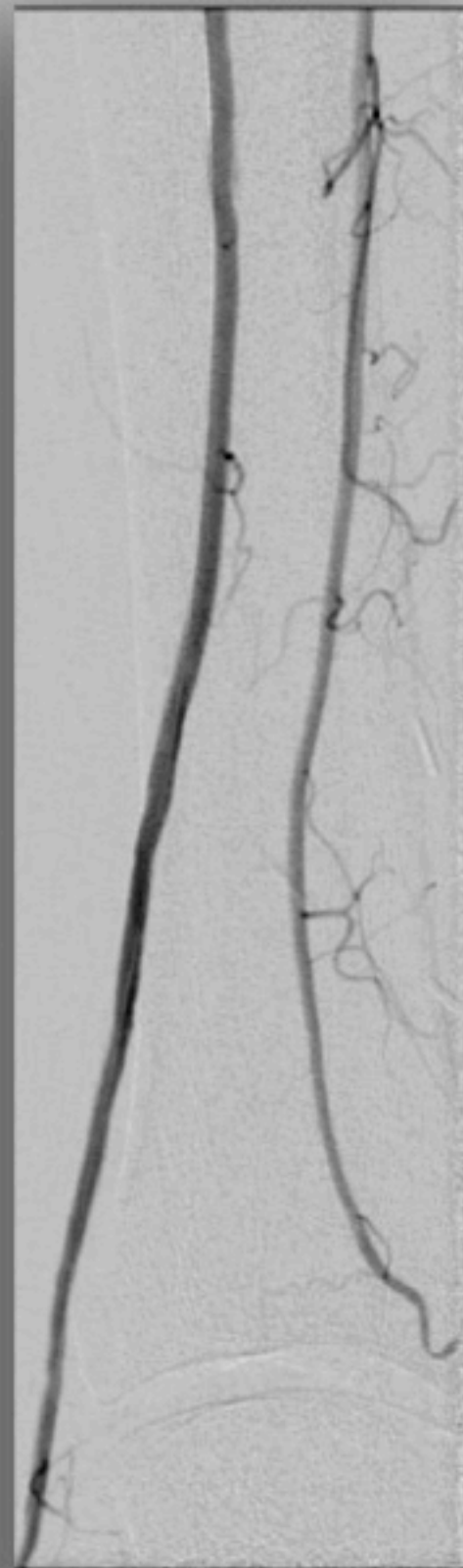
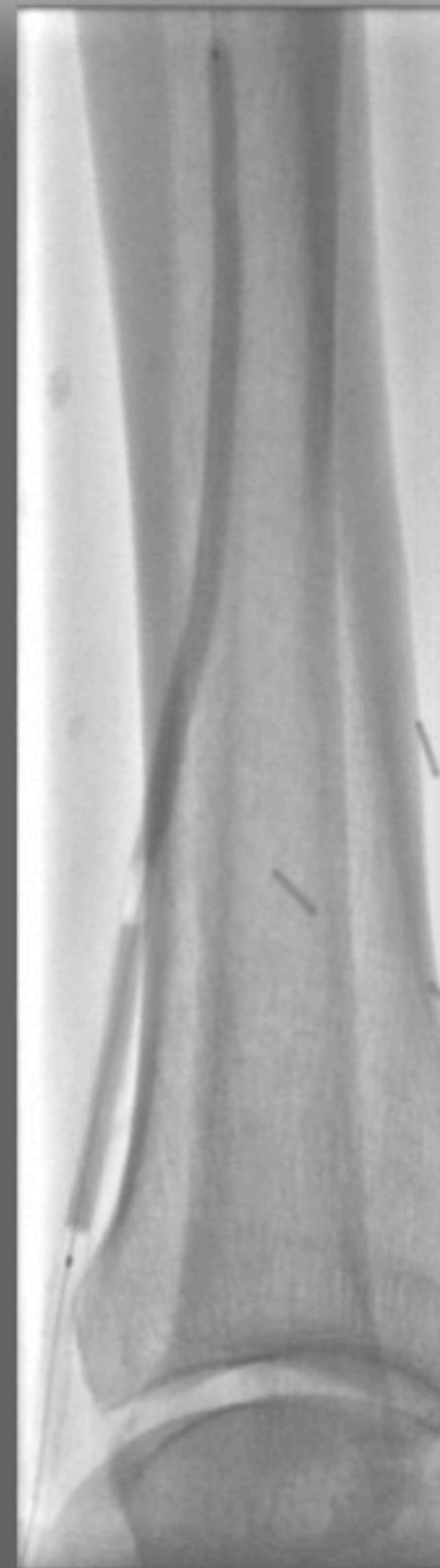
**DEB**  
3 x 40 mm



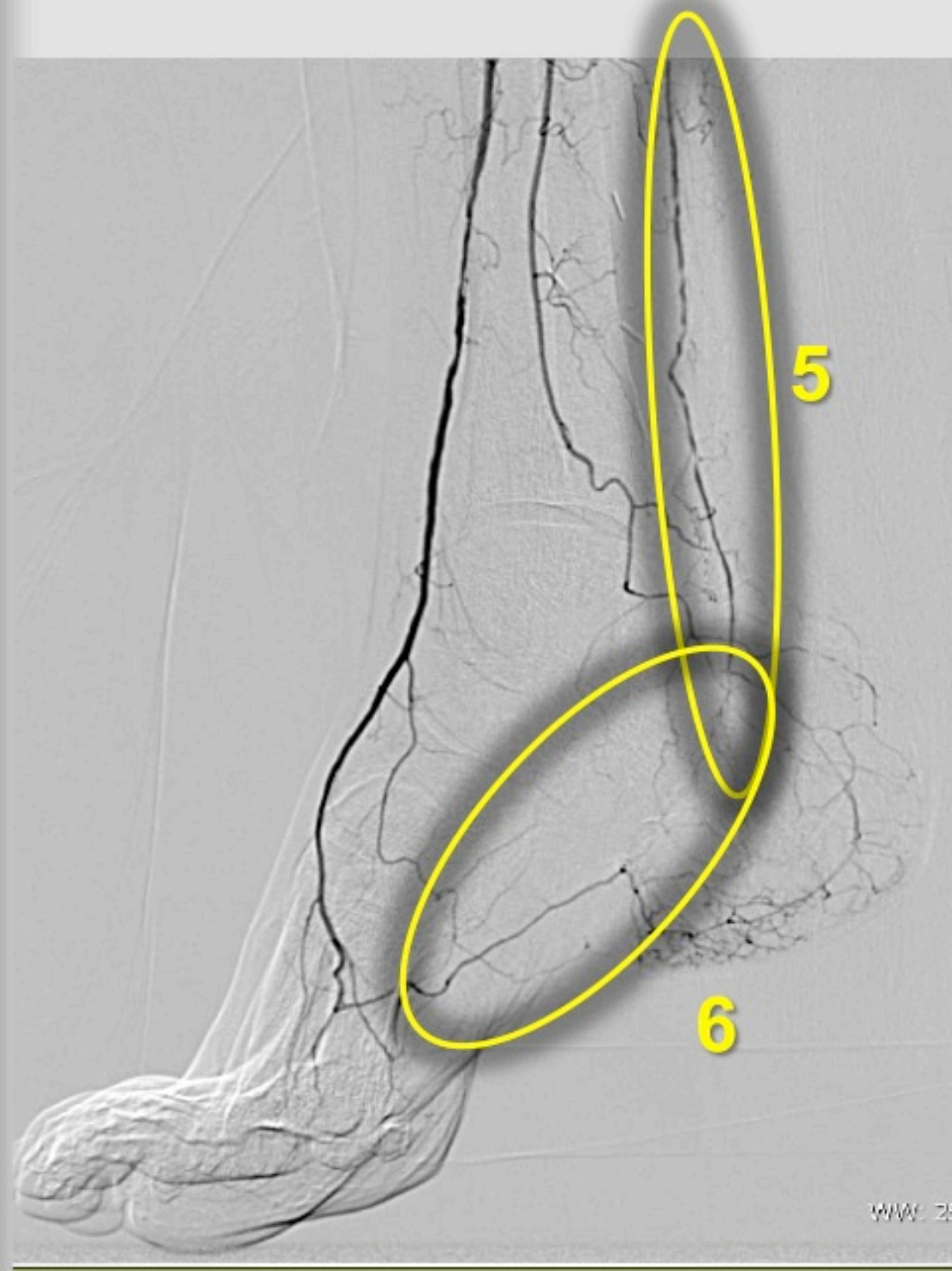
**after  
DEB**



**after nitinol  
self-  
expandable  
stent**  
4 x 40 mm







- 1. Fontaine III, Rutherford 4, no tissue lesions:** our target is to improve the global blood flow to the foot; we have no “local targets” (wound-related artery, angiosome concept, etc). We opened two direct flow lines to the foot, AT and PER arteries; this is sufficient to keep the limb asymptomatic.
- 2. Comorbidity** (CAD, LV dysfunction, impaired renal function): a short procedure means less stress, less contrast dye, fewer complications
- 3. Costs:** the total cost of our procedure was 3,386 €. In Italy stents and DEB are not reimbursed.



Final result



Before



After



Before



After



## Follow-up

1. Immediate relief of pain after the procedure
2. After 2 weeks TcPO<sub>2</sub> 48 mmHg
3. At 5 months the patient is asymptomatic



# How to prevent foot damages in ischemic diabetic feet

- Periodical control visits



- Skin protection



- Proper in-side and out-side protective insole and shoes

